

Shaft Fitting

Buying golf clubs without first being fitted for custom golf shafts is like buying a car with only one driver's seat position. You may get lucky and that may be the perfect position for your feet to comfortably reach the pedals. But more likely you are going to need to adjust the seat. You can still operate the vehicle from that one locked position but it will be more difficult to control. The same thing happens in golf when you use shafts that are not custom fitted to your game – you can still hit shots but they will be more difficult to control.

A golf swing is all about angles. The fewer angles you create, the simpler your golf swing is and the easier it is to consistently deliver the clubhead to the ball in the proper position. Every extra angle that is created in a golf swing requires a compensation to return the clubhead squarely to the ball. And the quickest way to create unnecessary and unwanted angles is with improperly fitted golf clubs.

Often you hear high-handicappers dismiss custom fitted clubs by stating their games are not good enough to warrant such an “extravagance.” But they could be confusing cause and effect. It may well be that poor-fitting clubs have doomed their chances for success from the beginning. Many golf swing ills can be cured simply by obtaining proper-fitting equipment.

Standing too far away from the ball? Shafts too long. Hands too low at address? Clubs too short. Hanging iron shots out to the right? Shafts too stiff. An expert club fitter will quickly recognize these and other swing flaws that flow from equipment that is simply not suited to the player.

Golf is hard enough to play – we all know that. You want to whittle away as many variables in the hunt for par as possible. Contact me for help to see which shaft might best fit your swing. Once you know your golf shafts have been fitted properly and if the bad shots are still coming you know it is time to go to work on that swing. But it's always better to start with equipment that fits.

